

The Stratford Lakeside Active Adults Association provides programs and activities to those who are 55 years of age and older, as well as those not yet 55 years of age, but completely retired. The Association has an annual membership fee and low-cost activity fees. With over 600 members registered, we welcome you to become a member.

To arrange a facility and program tour, please visit the Stratford Agriplex main office reception during regular business hours.

For more information, please visit @stratfordactiveadults.ca.

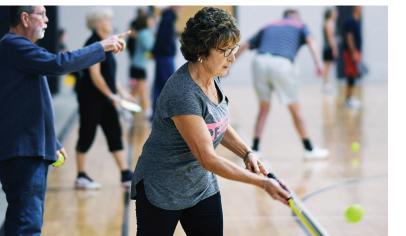
ACTIVE ADULT SPECIAL EVENT SCHEDULE APRIL - JUNE 2024

ACTIVITY	DAY	TIME	LOCATION	Per session unless noted	PARTICIPATE
Five Handed Pepper	2nd Friday of each month	12:30 - 4:30pm	Stratford Agriplex	\$5/members \$8/non-members	Register at Agriplex
Euchre/Cribbage Tournament	3rd Friday of each month	12:30 - 4:30pm	Stratford Agriplex	\$5/members \$8/non-members	Register at Agriplex
Pepperama	Last Friday of each month	12:30 - 4:30pm	Stratford Agriplex	\$5/members \$8/non-members	Register at Agriplex
Memory & Aging	March 21 - April 18	9:30 - 11:30am	Stratford Agriplex	\$25	SLAAA members only. Pre-registration required.
Scams & More with Cst. Fischer	April 17	1 - 3pm	Stratford Agriplex	Free	Open to all. Pre- registration opens March 1.
Therapeutic Touch	May 7	10 - 11:30pm	Stratford Agriplex	Free	Open to all. Pre- registration opens March 25.
Retirement & Estate Planning	May 28	1 - 2:30pm	Stratford Agriplex	Free	Open to all. Pre- registration opens April 1.
Senior Month - BBQ Celebration	June 13	12 - 2pm	Stratford Agriplex	\$15/peron	Open to all. Tickets on sale May 2.

ACTIVE ADULT ACTIVITIES SCHEDULE 55* APRIL - JUNE 2024

ACTIVITY	DAY	TIME	LOCATION	ACTIVITY FEE*
Arts, Crafts & Chats (Fibre Arts)	Tuesday	1 - 3pm	Boardroom	Free
Arts, Crafts & Chats (Painting/Drawing)	Thursday	1 - 4pm	Boardroom	Free
Billiards	Monday - Sunday	9am - 9pm	Billiards Room	\$17/Jan. – Aug.
Bridge: Duplicate	Monday	1:30 - 4:30pm	Second Floor Hall	Free
Bridge: Duplicate	Tuesday	7 - 10pm	Second Floor Hall	Free
Bridge: Social	Friday	1:30 - 4:30pm	Second Floor Hall	Free
Cribbage	Thursday	1 - 4pm	Second Floor Hall	\$.50
Crokinole	Monday	7 - 9pm	Market Hall	Free
Euchre: Recreational	Tuesday	1 - 4pm	Market Hall	\$.50
Euchre	Saturday	7 - 10pm	Market Hall	\$.50
Lapidary	Tuesday and Friday	9 - 11:30am	Lapidary Workshop	\$50 one-time fee
Line Dancing	Monday	10am - 12pm	Market Hall	\$4
Low Impact Fitness	Tuesday, Wednesday and Friday	11:15 - 11:45am	Second Floor Hall	Free
Pepper	Monday	9:30am - 12pm	Second Floor Hall	\$.50
Shuffleboard	Monday	1:30 - 3, 3:15 - 4:45pm	Market Hall	Free
Shuffleboard	Thursday	1:30 - 3:30pm	Market Hall	Free
Slo-Pitch (May-August)	Varies	Varies	Packham Road Baseball Fields	\$20 (See office for more info)
Solo	Wednesday	1:30 - 4pm	Market Hall	\$.50
Woodcraft	Monday - Friday	8:30am - 4:30pm	Woodcraft Workshop	\$30/year + \$2/day

$For more \ information, please \ visit \ @stratfordactive adults. ca.$





^{*}An active annual SLAAA membership is required to participate in activities listed above.